



Bike Hike Equipment List



<http://www.troop117.freeservers.com>

Required by all participants:

1. Helmet*
2. Safety glasses*
3. Mountain bike*
4. Spare inner tube (for your bike)*
5. Two water bottles*
6. Sneakers or bike shoes (no sandals!)*
7. Dress according to weather. (Pants or shorts and jacket.)
8. Lunch*
9. Personal first aid kit

***These items are required to go on this trip. If you do not have them, you will not go.**

To be carried by patrol leader:

1. Tire pump
2. Tire irons
3. Tool kit (everything you would need to change a tire.)